

BREAKFAST CEREALS

GOLD MARIA LUCIA BAKES ANCIENT GRAIN GRANOLA

SILVER JUVELA PURE OATS

BRONZE JUVELA FLAKES WITH RED BERRIES

MERIT ALDI GLUTEN FREE ORGANIC PORRIDGE

MERIT KELKIN GLUTEN FREE BUCKWHEAT FLAKES APPLE & COCONUT

BREAKFAST (NON CEREAL)

GOLD HODGINS SAUSAGES GLUTEN FREE BLACK PUDDING

GOLD HODGINS SAUSAGES GLUTEN FREE WHITE PUDDING

SILVER LIDL GLUTEN FREE BLACK & WHITE MINI PUDDINGS

BRONZE TESCO GLUTEN FREE 16 IRISH PORK SAUSAGES



BARS & SNACKS

GOLD ABSOLUTE NUTRITION CHIA SUPERFOOD ENERGY BOMBS

SILVER ABSOLUTE NUTRITION ROAST NUT DOUBLE LAYERED BROWNIE

BRONZE KELKIN BELGIAN MILK CHOCOLATE FINGERS

MERIT BIA GANBREISE BIA'S BROWNIES

BEER

GOLD 9 WHITE DEER SAOR GLUTEN FREE DRAUGHT STOUT

GOLD 9 WHITE DEER SAOR GLUTEN FREE STOUT

SILVER MAGIC ROCK BREWING FANTASMA

BRONZE PERONI NASTRO AZZURRO GLUTEN FREE

MERIT 9 WHITE DEER GLUTEN FREE PALE ALE

MERIT 9 WHITE DEER GLUTEN FREE PILSNER



BEVERAGES (NON ALCOHOL)

GOLD SUPERVALU LACTOSE FREE MILK

GOLD CENTRA LACTOSE FREE MILK

SILVER KING OF KEFIR LEMONGRASS & GINGER

BRONZE TESCO FREE FROM COCONUT MILK DRINK

MERIT KING OF KEFIR CHILLI & GINGER

BISCUITS & COOKIES

GOLD TESCO FINEST FREE FROM DARK CHOCOLATE GINGER COOKIES

SILVER TESCO FINEST FREE FROM WHITE CHOCOLATE & CRANBERRY COOKIES

SILVER LIDL DELUXE GLUTEN FREE CRANBERRY & WHITE CHOCOLATE COOKIES

BRONZE LIDL DELUXE GLUTEN FREE TRIPLE CHOCOLATE COOKIES

MERIT NAIRNS BISCUITS BREAKS OATS, DARK CHOCOLATE & COCONUT

MERIT ALDI SPECIALLY SELECTED GLUTEN & WHEAT FREE QUADRUPLE BELGIAN CHOCOLATE COOKIES



BREAD, BAPS, BAGELS & BAGUETTES

GOLD TESCO FREE FROM SEEDED BAGELS

GOLD BFREE BAKE AT HOME TRIPLE SEEDED DEMI BAGUETTE

SILVER SUPERVALU FREE FROM WHITE ROLLS

BRONZE JUVELA FIBRE ROLLS

MERIT JUVELA PART BAKED WHITE ROLLS

BREAD (SLICED & LOAF)

GOLD WELLNESS BAKERY GLUTEN FREE SODA BREAD

GOLD ALDI THE FOODIE MARKET FREE FROM MULTIGRAIN LOAF

SILVER ALDI THE FOODIE MARKET FREE FROM SUPER SEEDS LOAF

SILVER TESCO FREE FROM SLICED SEEDED BREAD

BRONZE SUPERVALU GLUTEN FREE MULTI SEED LOAF



BREAD MIXES

GOLD JUVELA WHITE MIX

SILVER ODLUMS GLUTEN FREE BREAD MIX

BRONZE JUVELA FIBRE MIX

CAKES

GOLD LAKELAND BAKERY GLUTEN FREE GINGER CAKE

SILVER LAKELAND BAKERY GLUTEN FREE LEMON CAKE

SILVER TESCO FINEST FREE FROM CHOCOLATE CAKE

BRONZE FOODS OF ATHENRY RICH FRUIT CIDER CAKE

MERIT TESCO FREE FROM RASPBERRY & COCONUT LOAF

CAKES (ARTISAN)

GOLD	ROSALEENS KITCHEN	GLUTEN FREE PEAR & ALMOND TART
GOLD	WILDBERRY BAKERY	GLUTEN FREE CARROT & WALNUT CAKE

GOLD TASTY PARLOUR GLUTEN FREE COFFEE & WALNUT CAKE



CAKE MIXES

GOLD TESCO FREE FROM VANILLA SPONGE MIX

SILVER LAKELAND BAKERY GLUTEN FREE SPONGE MIX

BRONZE TESCO FREE FROM CHOCOLATE BROWNIE MIX

MERIT ODLUMS GLUTEN FREE FRUIT SCONE MIX

CATERING & FOOD SERVICE

GOLD MIDDLETON FOODS VEGAN GLUTEN FREE DONUT MIX

GOLD NATURES OILS TOMATO KETCHUP

SILVER COBBS GLUTEN FREE BLUEBERRY MUFFIN

SILVER COBBS GLUTEN FREE CUPCAKE

SILVER NATURES OILS BARBECUE SAUCE

BRONZE NATURES OILS EXTRA THICK MAYONNAISE



CONDIMENTS, DIPS & MARINADES

GOLD SING LI FOODS GLUTEN FREE SMOKEY STOUT SAUCE

GOLD MIDDLETON FOODS GLUTEN FREE PIRI PIRI MIX

SILVER SPICE DEVILS CREOLE MARINADE

SILVER GENOVESE TAPENADE

BRONZE DRAGON BRAND SPICEY & SMOKEY MAYO

BRONZE TESCO FREE FROM MAYONNAISE

CONFECTIONERY (CHOCOLATE)

GOLD KELKIN CHOCOLATE WAFER BARS

SILVER FREE'IST WHITE CHOCOLATE WITH STRAWBERRIES

BRONZE CHOCOLATEY CLARE MINT CREME



CONFECTIONERY (SWEETS)

GOLD FREE'IST SUGAR FREE & GLUTEN FREE GUMMY WORMS

SILVER ALDI DOMINION SUGAR FREE COLA SHERBETS

BRONZE ALDI EXTRA BUTTERY TOFFEE POPCORN

CRACKERS & CRISPBREADS

GOLD FOODS OF ATHENRY CRANBERRY & HAZELNUT TOASTS

SILVER KELKIN ANCIENT GRAIN CRACKER THINS SEA SALT & PEPPER FLAVOUR

BRONZE KELKIN LENTIL CRACKER THINS CHILLI FLAVOUR

CRISPS

GOLD TESCO FREE FROM CHEESE FLAVOURED NACHOS

SILVER KEOGHS ATLANTIC SEA SALT & BALSAMIC VINEGAR CRINKLE CUT CRISPS

SILVER O'DONNELLS IRISH CIDER VINEGAR & SEA SALT CRISPS

BRONZE O'DONNELLS MATURE IRISH CHEESE & RED ONION CRISPS



DESSERTS & PUDDINGS

GOLD TESCO FREE FROM DAIRY FREE & GLUTEN FREE FRUIT SPLITS

SILVER TESCO FREE FROM STRAWBERRY & VANILLA CONES

SILVER TESCO FREE FROM TOFFEE & VANILLA CONES

BRONZE OH NATURELLE RASPBERRY ROSE ICE DREAM

BRONZE TESCO FREEFROM DONUTS

MERIT OH NATURELLE CHOC-OH! ICE DREAM

MERIT OH NATURELLE COCONILLA ICE DREAM

FISH PRODUCTS

GOLD DUNNES STORES GLUTEN FREE GARLIC & HERB BREADED HAKE FILLETS

SILVER KILMORE QUAY GLUTEN FREE HADDOCK GOUJONS

BRONZE KINSALE BAY KINSALE FISH PIE

MERIT DUNNES STORES GLUTEN FREE SMOKED HADDOCK FISH CAKE



FLOURS, BATTERS & MIXES

GOLD TESCO FREE FROM BATTER MIX

SILVER ISABELS BATTER MIX

BRONZE ISABELS DONUT MIX

LONG LIFE

GOLD JUVELA WHITE ROLLS

GOLD JUVELA FIBRE ROLLS

SILVER KELKIN MULTISEED SOUGHDOUGH BREAD

SILVER JUVELA PART BAKED WHITE ROLLS

BRONZE KELKIN SOURDOUGH BREAD



MEATFREE

GOLD ALDI GREAT FOOD SWEET POTATO BURGER

GOLD TESCO WICKED KITCHEN NAKED BURITO

SILVER TESCO WICKED KITCHEN GUNPOWDER POTATO CHANA MASALA

BRONZE ALDI GREAT FOOD SWEET POTATO PAKORA

MEATS (SAUSAGES)

GOLD DUNNES STORES GLUTEN FREE SAUSAGES

GOLD MALLONS LOW FAT GLUTEN FREE SAUSAGES

SILVER HODGINS SAUSAGES GLUTEN FREE SAUSAGES

SILVER TESCO FINEST GLUTEN FREE SAUSAGES

BRONZE OH SO LEAN GLUTEN FREE & LOW FAT PORK SAUSAGE WITH HONEY & MUSTARD



MEATS (COLD)

GOLD GREENE FARM FOODS SLICED ROAST TOPSIDE BEEF

SILVER GREENE FARM FOODS SLICED PEPPERED TURKEY BREAST

BRONZE GREENE FARM FOODS TORN FOR TASTE CAJUN CHICKEN BREAST

MEATS (OTHER)

GOLD OH SO LEAN GLUTEN FREE KEBAB MEAT

GOLD ALDI ANGUS BEEF BURGERS

SILVER ALDI 5% FAT IRISH BEEF BURGER

BRONZE OH SO LEAN BEEF & VEGETABLE BURGERS

ON THE GO

GOLD TESCO FREE FROM CHOW MEIN INSTANT RICE NOODLES

SILVER TESCO FREE FROM TOMATO & BASIL PASTA POT

BRONZE MARIA LUCIA BAKES NO ADDED SUGAR 'ON THE GO' GRANOLA POT



PASTA

GOLD LIBERTO ORGANIC BLACK SOYA BEAN SPAGHETTI

GOLD LIBERTO ORGANIC EDAMAME FETTUCCINI

SILVER DOVES FARM RED LENTIL PENNE PASTA

BRONZE LIDL GLUTEN FREE PENNE PASTA

PIZZA

GOLD CRUST & CRUMB ARTISAN SOURDOUGH PIZZA – MARGHERITA

SILVER MUSCLE FOOD MIGHTY MEAT HIGH PROTEIN PIZZA

BRONZE CRUST & CRUMB ARTISAN SOURDOUGH PIZZA – MEDITERRANEAN VEG

POULTRY & GAME

GOLD ROSIE & JIM BATTERED CHICKEN CHUNKS

GOLD ROSIE & JIM TURKEY BURGER WITH QUINOA & HERB CRUST

GOLD ROSIE & JIM GARLIC CHICKEN KIEV

SILVER TESCO FREE FROM SOUTERN FRIED MINI CHICKEN FILLETS

BRONZE DUNNES STORES GLUTEN FREE BREADED IRISH CHICKEN FILLETS



RAW & SUPERFOODS

GOLD LIBERTO VANILLA FLAVOURED ORGANIC PROTEIN SHAKE

SILVER ABSOLUTE NUTRITION RAWLOS

BRONZE LIBERTO COCONUT & LEMON FLAVOURED ORGANIC PROTEIN SHAKE

READY TO COOK

GOLD MASH DIRECT BEER BATTERED CHIPS

GOLD BIA GIANBREISE CRANBERRY & WHITE CHOCOLATE GOOKIES

SILVER ALDI SPECIALLY SELECTED GARLIC & HERB SWEET POTATO CUBES

BRONZE ALDI SPECIALLY SELECTED SWEET POTATO FRIES

READY TO COOK (MEALS)

GOLD SECRET RECIPE MALAYSIAN CHICKEN & COCONUT CURRY

GOLD BUTLERS PANTRY CHICKEN TAGINE

GOLD OH SO LEAN CHICKEN CURRY & RICE



RICECAKES

GOLD KELKIN MILK CHOCOLATE CORN CAKES

SILVER LIDL FREE FROM CORN CAKES

BRONZE SUPERVALU KIDDIES ORGANICS MINI APPLE RICE CAKES

BRONZE CENTRA KIDDIES ORGANICS MINI APPLE RICE CAKES

MERIT SUPERVALU DARK CHOCOLATE RICE CAKES

MERIT TESCO FREE FROM WHOLEGRAIN RICE CAKES

SAUCES (COOKING)

GOLD MAMA NAGI'S KARELAN EXOTIC COCONUT COOK IN SAUCE

SILVER MAMA NAGI'S GOAN HOT TOMATO COOK IN SAUCE

SILVER MAMA NAGI'S SRI LANKAN SWEET MANGO COOK IN SAUCE

BRONZE GENOVESE PESTO VERDE



SAUCES (POUR OVER)

GOLD TASTE OF GOODNESS PEPPER SAUCE

GOLD TESCO FINEST SALSA VERDE

SILVER TASTE OF GOODNESS TOMATO & CHILLI SAUCE

BRONZE SING LI FOODS GLUTEN FREE SWEET & TANGY TURF SAUCE

MERIT DRAGON BRAND SOUTHWEST SAUCE

MERIT TASTE OF GOODNESS SOUTHWEST SAUCE

SEASONAL

GOLD ROSALEENS KITCHEN GLUTEN FREE MINCE PIES

GOLD FOODS OF ATHENRY GLUTEN FREE CHRISTMAS PUDDING

SILVER CULCOW GLUTEN FREE CHRISTMAS PUDDING ICE CREAM

BRONZE DR. COY'S FESTIVE FRIENDS



SOUPS

GOLD KINSALE BAY SEAFOOD CHOWDER

SILVER ALDI TOMATO & MARSCAPONE SOUP

BRONZE OH SO LEAN ROAST RED PEPPER SOUP

SUBSTITUTE PRODUCTS

GOLD DUDES FOODS GARLIC EGG FREE MAYONNAISE

GOLD BUTE ISLAND GRATED MOZZARELLA SHEESE

GOLD DUNNES STORES LACTOSE FREE CHEESE

SILVER TESCO FREE FROM RASPBERRY & PASSION FRUIT YOGHURT

BRONZE TESCO FREE FROM PLAIN SOYA ALTERNATIVE TO YOGURT

VALUE

GOLD TESCO FREE FROM PLAIN CRACKERS

GOLD ALDI HAS NO GLUTEN FREE SAUSAGES

GOLD ALDI BUTCHERS SELECTION IRISH HOMESTYLE BEEF BURGERS



SPECIAL CHOICE AWARD

GOLD KINSALE MEAD MEAD

GOLD DR COYS GLUTEN FREE BOUILLON

GOLD DAN & MONSTRO HOMEMADE CURRY SAUCE

GOLD KINSALE BAY CHICKEN LIVER PATE

GOLD TESCO FINEST FREE FROM FONDANT TRUFFLES

GOLD TESCO FREE FROM CHOCOLATE ECLAIRS

GOLD ASDA FREE FROM FAJITA KIT

GOLD OMBAR COCO MYLK

SILVER CHOCOLATELY CLARE SALTED PEANUT DAIRY FREE CHOCOLATE

PARENT'S CHOICE

GOLD NUTTERLY NUTRITIOUS HAZELNUT & COCONUT BUTTER

SILVER BIG AL'S GLUTEN FREE CHICKEN GOUJONS

BRONZE DAN & MONSTRO MEXICAN STYLE SAUCE

MERIT MASH DIRECT CARROT & PARSNIP FRIES



KIDS CHOICE AWARD

GOLD MASH DIRECT CHEESE & ONION CROQUETTES

GOLD KELKIN TRIPLE BERRY YOGURT FLAVOURED RICE CAKES

SILVER MASH DIRECT POTATO ROSTI

BRONZE KELKIN DARK CHOCOLATE & MINT RICE CAKES

MERIT TESCO FREE FROM CHOCO-NUT PILLOWS

SPECIAL SERVICES TO THE INDUSTRY

Sponsored by Juvela

Presented to ANNE MANNING, who served as Food List Manager to the Coeliac Society of Ireland for circa 30 years; initially voluntarily then in a staff capacity, for her dedication in improving life for coeliacs.



Without Anne's untold work, this market may not be as strong as it is today.



INNOVATION

9 WHITE DEER GLUTEN FREE DRAUGHT STOUT

9 WHITE DEER GLUTEN FREE DRAUGHT PILSNER

NU LYFEBLENDIS PURPLE RAIN SMOOTHIE

SING LI FOODS GLUTEN FREE STOUT SAUCE & MARINADE RANGE

PRODUCT RANGE OF THE YEAR TESCO FREEFROM RANGE

PRODUCT OF THE YEAR ROSIE & JIM'S GLUTEN FREE CHICKEN CHUNKS













