

**BARS** 

GOLD CAVEMAN GRUB NO GRAIN GRANOLA BAR

SILVER KELKIN BELGIAN MILK CHOCOLATE WAFER

BRONZE FOODS OF ATHENRY ROCKY ROAD

MERIT KELKIN BELGIAN MILK CHOCOLATE FINGERS

MERIT ALDI FREE FROM CHOCOLATE BISCUIT BAR

**BEER** 

GOLD 9 WHITE DEER STAG SAOR GLUTEN FREE STOUT

SILVER 9 WHITE DEER STAG SAOR GLUTEN FREE IPA

BRONZE ESTRELLA DAURA DAMM

MERIT 9 WHITE DEER STAG SAOR GLUTEN FREE RED ALE



### **BISCUITS & COOKIES**

GOLD FOODS OF ATHENRY LEMON & POPPYSEED COOKIE

SILVER TESCO TESCO FINEST FREE FROM WHEAT & GLUTEN

WHITE CHOCOLATE & CRANBERRY COOKIES

SILVER ALDI SPECIALLY SELECTED 'HAS NO'

ALL BUTTER WHITE CHOCOLATE & CRANBERRY COOKIES

BRONZE BIA GANBREISE GOOKIES ORIGINAL COOKIE DOUGH

BRONZE BIA GANBREISE GOOKIES TRIPLE CHOCOLATE CHIP COOKIE DOUGH

MERIT GENIUS CHOCOLATE CHIP & OAT BREAKFAST BAKES

MERIT ALDI SPECIALLY SELECTED HAS NO

ALL BUTTER QUADRUPLE CHOCOLATE COOKIES

## **BREAD MIXES**

GOLD ODLUMS COUNTRY BROWN MIX

SILVER ODLUMS WHITE BREAD MIX

BRONZE MIDDLETON FOODS BREAD & PIZZA MIX



## **BEVERAGES (NON ALCOHOL)**

GOLD COCO MOJO BEAN

SILVER MAGIC MAYAN CHOCOLATE HOT CHOCOLATE

BRONZE SUPERVALU LACTOSE FREE MILK

MERIT ALDI LACTOSE FREE MILK

## **BREADS (SLICED & LOAF)**

GOLD MCCAMBRIDGE SODA BREAD

SILVER ALDI ZILCH MULTISEED LOAF

BRONZE SUPERVALU GLUTEN FREE WHITE LOAF

MERIT PURE BRED MULTISEED LOAF



### **BREAD PRODUCTS**

GOLD BFREE SWEET POTATO WRAPS

SILVER RULE OF CRUMB PAR BAKED BAGUETTE

BRONZE BFREE PITTA BREAD

MERIT JUVELA FRESH WHITE ROLLS

## **BREAKFAST (NON CEREAL)**

GOLD HODGINS GLUTEN FREE BLACK PUDDING

GOLD ICELAND GLENDARA GLUTEN FREE BLACK PUDDING

GOLD CLONAKILTY GLUTEN FREE BLACK PUDDING

SILVER OH SO LEAN LOW FAT PORK SAUSAGE

BRONZE GENIUS PANCAKES

MERIT O'FLYNNS SAGE & BLACK PEPPER SAUSAGE

MERIT KOKO KOKO DAIRY FREE ORIGINAL + CALCIUM



### **BREAKFAST CEREALS**

GOLD HOMESPUN FOODS QUINOA CRUNCH - GOJI BERRY, CASHEW & COCONUT

GOLD HOMESPUN FOODS QUINOA CRUNCH - PECAN & CRANBERRY

SILVER NESTLE GOFREE CORN FLAKES

BRONZE KELKIN ORGANIC BUCKWHEAT FLAKES

BRONZE KELKIN BUCKWHEAT FLAKES WITH APPLE & APRICOT

MERIT SUPERVALU GLUTEN FREE PORRIDGE

MERIT MARIA LUCIA BAKES PORRIDGE POT

MERIT ALDI GLUTEN FREE PORRIDGE

**CAKE MIXES** 

GOLD ROLL IT GLUTEN FREE ALL BUTTER PASTRY

SILVER MIDDLETON FOODS GLUTEN FREE CHOCOLATE FUDGE BROWNIE MIX

BRONZE ODLUMS GLUTEN FREE FRUIT SCONE MIX



### **CAKES**

GOLD PUREBRED ICED TEA CAKES

SILVER ALDI GLUTEN FREE JAMMIE

BRONZE ALDI HAS NO COFFEE CAKE

MERIT FOODS OF ATHENRY CHOCOLATE BISCUIT CAKE

MERIT FOODS OF ATHENRY CHRISTMAS CAKE

## **CAKES (ARTISAN)**

GOLD ROSALEEN'S KITCHEN PEAR & ALMOND TART

GOLD WILDBERRY BAKERY ORANGE & ALMOND CAKE

SILVER ROSALEEN'S KITCHEN CARROT & WALNUT CAKE

BRONZE ROSALEEN'S KITCHEN RASPBERRY MUFFINS



### **CATERING & FOOD SERVICE**

GOLD MIDDLETON FOODS GLUTEN FREE DOUBLE SMOKE GLAZE

SILVER NATURES OILS TACO SAUCE

SILVER NATURES OILS SWEET CHILLI SAUCE

BRONZE RULE OF CRUMB GLUTEN FREE CORN FLAKES (INDIVIDUAL PORTION PACKS)

#### **CONDIMENTS DRESSINGS & MARINADES**

GOLD SPICE DEVILS TWISTED CREOLE

SILVER TASTE OF GOODNESS HONEY MUSTARD DRESSING

BRONZE MAMA NAGI'S BENGALI SWEET CHILLI PASTE

### **CONFECTIONERY**

GOLD MIENAS ALMOND COCONUT & LEMON NOUGAT

SILVER MIENAS ALMOND & MIXED BERRIES NOUGAT

BRONZE MIENAS CHOCOLATE HAZELNUT & CRANBERRY NOUGAT



## **CONFECTIONERY (CHOCOLATE)**

GOLD ALDI ROISIN'S DARK VALENCIA ORANGE CHOCOLATE

SILVER DR SCHAR GLUTEN FREE CHOCOLATE FINGERS

BRONZE OMBAR VANILLA & COCONUT

MERIT DR COY'S COCONUT NUTRITIONAL CHOCOLATE BAR

MERIT DR COY'S MINT NUTRITIONAL CHOCOLATE BAR

### **CRACKERS & CRISPBREADS**

GOLD ORIGIN EARTH CRISPY BREAD CRACKERS WITH SESAME SEEDS

GOLD ORIGIN EARTH CRISPY BREAD CRACKERS WITH CARAWAY

SILVER FOODS OF ATHENRY CRANBERRY & HAZELNUT TOASTS

BRONZE DR SCHÄR SALTY CRACKERS

MERIT JUVELA CHIA CRISPBREAD



### **CRISPS & SNACKS**

GOLD O'DONNELLS BALLYMALOE RELISH & CHEDDAR CHEESE

GOLD O'DONNELLS CHEESE & ONION

SILVER KEOGHS CHORIZO & CHERRY TOMATO

BRONZE ALDI TOFFEE POPCORN

### **DESSERTS & PUDDINGS**

GOLD RULE OF CRUMB CHOCOLATE ECLAIRS

GOLD TESCO FREE FROM STRAWBERRY ICE CREAM CONE

SILVER PUDOLOGY CHOCOLATE PUDDING

BRONZE TESCO PROFITEROLES



#### **DIPS & RELISHES**

GOLD REBEL CHILLI RASPBERRY & JALAPENO JELLY

SILVER SOLPURO BRUNCH GUACAMOLE

SILVER SOLPURO CLASSIC GUACAMOLE

BRONZE MAMA NAGIS KERALAN COCONUT CHILLI PASTE

MERIT SPICE DEVILS NAWTY DRESSING MILD

MERIT SPICE DEVILS NAWTY DRESSING HOT

### **FISH PRODUCTS**

GOLD DUNNES STORES GLUTEN FREE BREADED SMOKED HADDOCK FILLETS

SILVER KILMORE QUAY KIDS FISH FINGERS

BRONZE DUNNES STORES GLUTEN FREE BREADED HAKE FILLETS

MERITS DUNNES STORES GLUTEN FREE BREADED HADDOCK GOUJONS

MERITS KILMORE QUAY LEMON & PEPPER GOUJONS



## **FLOURS, BATTERS & MIXES**

GOLD JUVELA WHITE MIX (ALL PURPOSE)

SILVER JUVELA FIBRE MIX (ALL PURPOSE)

BRONZE ODLUMS GLUTEN FREE PANCAKE MIX

MERIT DOVES FARM XANTHAN GUM

### KIDS CHOICE

GOLD BIG AL'S GLUTEN FREE CHICKEN GOUJONS

SILVER TESCO FREE FROM KIDS CEREAL SELECTION

BRONZE DOHERTY'S MEATS GLUTEN FREE COCKTAIL SAUSAGES

MERITS KELKIN SNACK PACK MINI MILK CHOCOLATE RICE CAKES



## **LONG LIFE**

GOLD NEW FOUND JOY GLUTEN FREE CHOCOLATE BROWNIE

SILVER JUVELA WHITE LOAF

BRONZE NEW FOUND JOY GLUTEN FREE ROCKY ROAD

### **MEAT FREE**

GOLD STRONG ROOTS KALE & QUINOA BURGER

SILVER ALDI SWEET POTATO PAKORA

BRONZE SUMMER GARDEN VEGETARIAN LASANGE

## **MEAT (OTHER)**

GOLD DOHERTY'S MEATS GLUTEN FREE BEEF MEATBALLS

SILVER OH SO LEAN STEAK BURGER

BRONZE DOHERTY'S MEATS GLUTEN FREE BEEF BURGERS



### **MEAT SAUSAGES**

GOLD DUNNES STORES GLUTEN FREE SAUSAGES

SILVER MALLONS LOW FAT & GLUTEN FREE GARLIC & HERB PORK SAUSAGE

BRONZE TESCO FREE FROM SAUSAGES

MERIT ALDI HAS NO GLUTEN FREE SAUSAGES

MERIT OH SO LEAN PORK & LEEK SAUSAGES

### **PARENT'S CHOICE**

GOLD PIZZADO PIZZADO

SILVER PIP & PEAR BABY RAGU

BRONZE QUINOLA MOTHERGRAIN KIDS' TEX MEX



### **POULTRY & GAME**

GOLD DUNNES STORES GLUTEN FREE CHICKEN GOUJONS

GOLD SUPERVALU GLUTEN FREE CHICKEN GOUJONS

SILVER RULE OF CRUMB GLUTEN FREE CHICKEN GOUJONS

BRONZE RULE OF CRUMB GLUTEN FREE CHICKEN KIEV

#### **PIZZA**

GOLD GOODFELLAS GLUTEN FREE VEGETABLE PIZZA

GOLD GOODFELLAS GLUTEN FREE PEPPERONI PIZZA

SILVER WHOLE CREATIONS GLUTEN FREE CHEESY GARLIC PIZZA BREAD

BRONZE SUPERVALU GLUTEN FREE PIZZA BASES



### **PASTA**

GOLD RISO GALLO GLUTEN FREE SPAGHETTI

SILVER KELKIN GLUTEN FREE LASAGNE SHEET

BRONZE DOVES FARM GLUTEN FREE MAIZE & RICE PASTA

MERIT TESCO FREE FROM SPAGHETTI

MERIT TESCO FREE FROM MAIZE COUSCOUS

### **RAW & SUPERFOODS**

GOLD NUA NATURALS TURMERIC LATTE

SILVER QUINOLA MOTHERGRAIN RED QUINOA

BRONZE STRONG ROOTS RIPENED AVOCADO HALVES



### **READY TO COOK**

GOLD TESCO FREE FROM BATTERED ONION RINGS

SILVER STRONG ROOTS OVEN BAKED SWEET POTATO

BRONZE QUINOLA MOTHERGRAIN INDIAN STYLE QUINOA

MERIT OH SO LEAN VENISON BURGER

MERIT MASH DIRECT CAULIFLOWER CHEESE GRATIN

### **READY TO COOK MEALS**

GOLD OH SO LEAN CHICKEN CURRY

GOLD OH SO LEAN RICE POT

SILVER KINSALE BAY SHEPHERD'S PIE

SILVER KINSALE BAY COTTAGE PIE

BRONZE SUMMER GARDEN BEEF LASAGNE

MERIT TESCO FREE FROM INSTANT RICE NOODLE (CURRY)



### **RICE & CORN CAKES**

GOLD JACOB'S MILK CHOCOLATE RICE CAKES

SILVER KELKIN DARK CHOCOLATE & MINT RICE CAKES

BRONZE KELKIN CARAMEL RICE CAKE THINS

## **SAUCES (POUR OVER)**

GOLD TASTE OF GOODNESS BARBECUE SAUCE

GOLD REAL GOOD TOMATO KETCHUP

SILVER TASTE OF GOODNESS SECRET SAUCE

BRONZE TASTE OF GOODNESS SOUTHWEST SAUCE

BRONZE DRAGON BRAND FOODS SOUTHWEST SAUCE

MERIT TESCO FREE FROM TOMATO KETCHUP



## **SAUCES (COOKING)**

GOLD SING LI GLUTEN FREE CURRY SAUCE

GOLD TASTE OF GOODNESS PEPPER SAUCE

SILVER PEPPUP ROASTED PEPPER TOMATO PASTA SAUCE

BRONZE TESCO FREE FROM RED THAI CURRY COOKING SAUCE

### **SOUPS**

GOLD KINSALE BAY MUSHROOM SOUP

SILVER ALDI BEETROOT & POMEGRANATE SOUP

BRONZE ALDI TOMATO & BASIL SOUP

MERIT OH SO LEAN SMOOTH COUNTRY VEGETABLE SOUP

MERIT ALDI CURRIED SWEET POTATO SOUP



### **SEASONAL**

GOLD	GRANNY'S TRADITIONAL	CHRISTMAS CHEESECAKE

GOLD GRANNY'S TRADITIONAL CHRISTMAS ICE CREAM

SILVER TESCO TESCO FINEST MILK, WHEAT & GLUTEN FREE

CHOCOLATE EASTER EGG WITH FONDANT TRUFFLES

BRONZE TESCO FREE FROM MILK CHOCOLATE EASTER EGG

MERIT BUTE ISLAND WENSLEYDALE & CRANBERRY SHEESE

MERIT ICELAND GLENDARRA GLUTEN FREE SAUSAGE MEAT



## **SUBSTITUTE, VEGAN & VEGETARIAN PRODUCTS**

GOLD MASH DIRECT SWEET POTATO CROQUETTES

SILVER BUTE ISLAND GRATED CHEDDAR SHEESE

BRONZE KOKO DAIRY FREE SPREAD

MERIT TESCO FREE FROM ALMOND MILK

MERIT BUTE ISLAND CHEDDAR STYLE WITH CARAMELISED RED ONION SHEESE

### **VALUE**

GOLD ICELAND GLENDARRA GLUTEN FREE SAUSAGE MEAT

SILVER ALDI HAS NO WHITE BREAD

BRONZE ICELAND GLENDARRA GLUTEN FREE WHITE PUDDING

BRONZE ICELAND GLENDARRA GLUTEN FREE BLACK PUDDING



#### SPECIAL SERVICES TO THE INDUSTRY

Sponsored by Juvela

Presented to GLUTEN FREE IRELAND, for their work in improving information available to coeliacs on eating out, hotels and what was available in Ireland. Derek and Tina Thompson have grown their website into not just a resource for visiting coeliacs but for people living on this island. They offer hotel lists, food lists and run events bringing together the best of produce on offer in their locality.

### **INNOVATION**

**DR. COYS**NUTRITIONAL CHOCOLATE RANGE

**9 WHITE DEER** EXTENSIVE GLUTEN-FREE BEER RANGE

DAN & MONSTRO HIGH VEGETABLE CONTENT SOUP & SAUCE RANGE

OMBAR CHOCOLATE RANGE CONTAINING BIO LIVE CULTURES FOR GUT HEALTH

MARIA LUCIA BAKES 'ON THE GO' POT RANGE



**PRODUCT RANGE OF THE YEAR**TESCO FREEFROM RANGE

**PRODUCT OF THE YEAR**BFREE FOODS SWEET POTATO WRAP













