

## BARS (HEALTH)

Gold	Lidl	Deluxe Fruit & Nut, Almond, Sea Salt & Dark Chocolate Bar
Silver	Tesco	FreeFrom Oaty Crunch Granola Bar
Bronze	Lidl	Deluxe Fruit & Nut, Cashew, Cherry & Dark Chocolate Bar

#### **BATTERS AND MIXES**

Gold	Middleton Foods	Gluten Free Fish Batter Mix
Silver	Rosaleen's Kitchen	Gluten Free Pastry Mix
Bronze	Middleton Foods	Gluten Free Bread Roll and Pizza Base Mix

#### BEER

Gold	9 White Deer	White Stag Saor IPA
Silver	Aldi	Gluten Free Brown Bear Lager
Bronze	Peroni	Nastro Azzurro Gluten Free



## **BEVERAGES (NON ALCOHOL)**

Gold	SuperValu	Lactose Free Milk
Silver	Nix and Kix	Vegan Cucumber Mint drink
Bronze	Nix and Kix	Vegan Mango Ginger drink

### **BISCUITS & COOKIES**

Gold	Aldi	Specially Selected Gluten Free Quadruple Chocolate Cookie
Silver	Wellness Bakery	Gluten Free Lemon Cookie
Silver	Lidl	Deluxe Gluten Free Luxury Triple Chocolate Cookie
Bronze	Lidl	Just Free Gluten Free Ginger Cookie
Bronze	Tesco Finest	FreeFrom Triple Chocolate Cookies
Merit	Supervalu	FreeFrom White Chocolate & Cranberry Cookie



## **BREAKFAST PRODUCTS (CEREALS)**

## **FreeFrom Food Awards Ireland Winners 2020**

Gold	Juvela	Gluten Free Red Berry Flakes
Silver	Tesco	FreeFrom Pure Oat Muesli
Bronze	SuperValu	Krunchies
Bronze	SuperValu	Cornflakes
Merit	Maria Lucia Bakes	Cranberry, Coconut & Chia Seed Granola
Merit	Maria Lucia Bakes	Macadamia & Coconut Keto Granola

### **BREAKFAST PRODUCTS (NON CEREAL)**

Gold	Dunnes Stores	Gluten Free Sausage
Silver	Dunnes Stores	Six Grain Low Fat Yogurt
Silver	Aldi	Lactose Free Milk
Bronze	Superquinn	Gluten Free Sausage
Merit	Tesco	FreeFrom Plain White Bagel
Merit	Kearney's	Gluten Free Fruit Scone



## BREAD PRODUCTS (BAPS, BAGELS, BAGUETTES & ROLLS)

Gold	Lidl	Multiseed Roll
Silver	Juvela	Gluten Free Part Baked Rolls
Bronze	Promise	Gluten Free Pitta Bread
Merit	Promise	Gluten Free Brioche Loaf

### **BREAD (SLICED & LOAF)**

Gold	Wellness Bakery	Gluten Free Brown Soda Bread
Gold	Promise	Gluten Free Soft Loaf
Silver	Kearney's	Gluten Free Brown Bread
Bronze	Promise	Gluten Free Seeded Sourdough



### CAKES

Gold	Tesco Finest	FreeFrom Carrot Cake
Silver	Aldi	FreeFrom Madeira Cake
Silver	Lidl	Just Free Madeira Cake
Bronze	Promise	Gluten Free Raspberry Snowbombs
Bronze	Aldi	FreeFrom Coffee Cake
Merit	Aldi	FreeFrom Lemon Slices

### CAKES (ARTISAN)

Gold	Rosaleen's Kitchen	Gluten Free Iced Vanilla Cupcake
Silver	Dunnes Stores	Gluten Free Carrot & Walnut Cake
Bronze	Wildberry	Gluten Free Jewelled Christmas Cake
Merit	Rosaleen's Kitchen	Gluten Free Pear & Almond Tartlet



### **CAKE MIXES**

Gold	Middleton Foods	Gluten Free Sponge & Muffin Mix
Silver	Tesco	FreeFrom Mermaid Cupcake Kit
Bronze	Middleton Foods	Chocolate Fudge Brownie Mix

## **CATERING PRODUCTS / FOOD SERVICE**

Gold	Middleton Foods	Gluten Free Fish Batter Mix
Silver	Middleton Foods	Gluten Free White Bread & Pizza Base Mix
Silver	Wildberry Bakery	Gluten Free Lemon Drizzle Loaf
Bronze	Middleton Foods	Gluten Free Plain Cookie Mix
Bronze	Nature's Oils	Burger Sauce
Merit	Middleton Foods	Gluten Free Sponge & Muffin Mix



### **CONDIMENTS & DRESSINGS**

Gold	Tesco	Wicked Kitchen Pink Beetroot Pesto
Gold	Veggie Earth	Super Green Pesto
Silver	Veggie Earth	Super Red Pesto
Bronze	Veggie Earth	Super Olive Tapenade
Merit	Tesco	Wicked Kitchen Pumpkin Pesto
Merit	Cali Cali	Tijuana Hot Sauce

## **CONFECTIONERY (CHOCOLATE)**

Gold	Aldi	Roisin's Gluten Free Mint Chocolate
Silver	Aldi	Roisin's Gluten Free Raspberry Chocolate
Bronze	Tesco	FreeFrom Belgian Chocolate Wafer
Bronze	Aldi	Roisin's Gluten Free 70% Dark Chocolate
Merit	Tesco	Vegan White Chocolate



## **CONFECTIONERY (SWEETS)**

# **FreeFrom Food Awards Ireland Winners 2020**

Gold	Aldi	Dominion Sugar Free Lemon Sherbets
Silver	Miena's	Almond, Strawberry and Rhubarb Nougat
Silver	Dunnes Stores	Simply Better Almond & Pistachio Nougat
Bronze	Dunnes Stores	Simply Better Coconut, Raspberry & Orange Nougat
Merit	Aldi	Dominion Sugar Free Cola Sherbets

### CRISPS

Gold	Dunnes Stores	Clogherhead Sea Salt & White Wine Vinegar Crisps
Gold	O'Donnells	Sea Salt Crisps
Silver	Keogh's	Atlantic Sea Salt & Balsamic Vinegar Crisps
Silver	Dunnes Stores	Clogherhead Sea Salt Sweet Potato Crisps
Bronze	O'Donnells	Mature Irish Red Onion and Cheddar Crisps
Bronze	O'Donnell's	Ballymaloe Relish & Cheese Flavour Crisp
Merit	Dunnes Stores	Handcooked Sirachi & Chilli Crisps
Merit	O'Donnells	Sweet Chilli Flavoured Crisps



#### **DESSERTS & PUDDINGS**

Gold	SuperValu	Pavlova Base
Gold	SuperValu	Meringue Nests
Gold	SuperValu	Mini Meringue Shells
Gold	Tesco	FreeFrom Chocolate Eclairs
Silver	Dunnes Stores	Decadent Belgian White & Dark Chocolate Mousse
Bronze	Aldi	Double Chocolate Dessert
Merit	Tesco	Finest FreeFrom Millionaire Shortbread Slices

#### **FISH PRODUCTS**

Gold	Tesco	FreeFrom Haddock Goujon
Silver	Tesco	FreeFrom Fishcake
Bronze	SuperValu	Gluten Free Cod Fishcake



### FLOURS

Gold	Aldi	The Pantry Gluten Free Self-Raising Flour
Silver	Juvela	Gluten Free White Mix
Bronze	Aldi	The Pantry Gluten Free Plain White Flour

#### **KIDS' CHOICE**

Gold	Aldi	Gastro Range Southern Fried Goujons
Silver	Tesco	Soya Alternative Smooth Apricot Fromage Frais
Silver	Dunnes Stores	Gluten Free Chicken Goujons
Bronze	Tesco	FreeFrom Vanilla Cupcake
Bronze	Tesco	FreeFrom Breaded Haddock Goujons
Merit	Tesco	FreeFrom Giant Chocolate Buttons



### LONG LIFE

Gold	SuperValu	Milk Chocolate Corncake
Silver	SuperValu	Organic Unsweetened Oat Drink
Silver	Lidl	Just Free Unsweetened Oat Drink
Bronze	Juvela	Gluten Free Part-Baked Fibre Rolls
Bronze	Juvela	Gluten Free Part-Baked White Rolls
Merit	Juvela	Gluten Free White Rolls

#### **MARINADES & DRY SPICES**

Gold		Awarded but on reserve due to pandemic related production issues
Silver	Tesco	Wicked Kitchen Fiery Piri Piri Rub
Bronze	Tesco	Wicked Kitchen Mango Masala Spice Blend



### MEATFREE (ALTERNATIVES)

Gold	Vada Pow	Croquette Tikka Masala
Silver	Vada Pow	Mumbai Potato Pie
Gold	Bute Island	Grated Sheese Mature Cheddar Style
Silver	Bute Island	Creamy Sheese Vegan Original
Gold	Gosh Foods	Sweet Potato Pakora
Silver	Gosh Foods	Mediterranean Falafel

#### **MEAT PRODUCTS**

Gold	Aldi	Irish Carvery Lamb Shoulder with Garlic & Rosemary Marinade
Silver	Aldi	Specially Selected Lamb Rump
Bronze	Hodgins	Gluten Free Black Pudding
Bronze	Hodgins	Gluten Free White Pudding
Merit	Aldi	Specially Selected Angus Dinner Burger with Maplewood Bacon
		& Cashel Blue Cheese



### MEAT PRODUCTS (SAUSAGES)

Gold	Dunnes Stores	Gluten Free Sausages
Silver	Mallons	Low Fat Gluten Free Sausages
Bronze	Aldi	Gluten Free Sausages
Bronze	Lidl	Gluten Free Sausages

### MILK ALTERNATIVES

Gold	SuperValu	Almond drink
Silver	Lidl	Just Free Oat Unsweetened Drink
Silver	Tesco	FreeFrom Almond Unsweetened Drink
Bronze	Lidl	Just Free Sweetened Soya Drink



### ON THE GO

Gold	Freshways	Vegan Meatless Meatball Marinara Wrap
Gold	Freshways	Veggie Smoked Butternut Squash Fajita Burrito
Silver	Deli Lites	Buffalo Cauliflower Bites Couscous Tabouleh
Bronze	Deli Lites	Macho Mochaccino Anytime Oats

#### **POULTRY & GAME**

Gold	Dunnes Stores	Gluten Free Chicken Kiev
Silver	SuperValu	Gluten Free Chicken Kiev
Silver	Tesco	FreeFrom Southern Fried Mini Breast Chicken Fillets
Bronze	SuperValu	Gluten Free Chicken Fillets



## **PARENT'S CHOICE**

# **FreeFrom Food Awards Ireland Winners 2020**

Gold	Aldi	Gastro Range Battered Chicken Chunks
Silver	Dunnes Stores	Gluten Free Irish Breaded Chicken Kiev
Bronze	Whole Earth	Organic Cornflakes
Bronze	Rosie & Jim's	Gluten Free Shredded Chicken

### **PASTA & PASTA PRODUCTS**

Gold	Aldi	Specially Selected Tomato & Basil Sauce
Silver	SuperValu	Onion & Garlic Pasta Sauce
Bronze	SuperValu	Original Pasta Sauce
Bronze	Aldi	Specially Selected Spicy Tomato & Chilli Sauce
Bronze	Tesco	FreeFrom Fusilli
Merit	Aldi	Specially Selected Classic Bolognaise Sauce
Merit	Tesco	FreeFrom Lasagne Sheets



### PIZZA

Gold	Dunnes Stores	Gluten Free Mozzerella and Slow Roasted Tomato Thin Pizza
Silver	Tesco	Wicked Kitchen Vegan Spicy Mushroom and Veg Pizza
Bronze	SuperValu	Gluten Free Pepperoni Pizza
Bronze	Dunnes Stores	Vegan Mediterranean Vegetable Thin Pizza

#### **RAW & SUPERFOODS**

Gold	Herbalife Nutrition	Tri Blend Protein Shake Mix Coffee Caramel Flavour
Silver	Dunnes Stores	Wholefoods Milled Chia Seeds with Blueberry
Bronze	Dunnes Stores	Wholefoods Milled Flaxseed



#### **READY TO COOK**

Gold	Aldi	Walls Honest Chips
Gold	Tesco	FreeFrom Southern Fried Chicken Fillets
Silver	Freshways	Vegan Meatless Meatball Wrap
Silver	Dunnes Stores	Gluten Free Stuffing
Bronze	Aldi	Specially Selected Sweet Potato Fries

### **READY TO COOK (MEALS)**

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Silver	Tesco	Wicked Kitchen Gunpowder Potato Chana Masala
Gold	Tesco	Wicked Kitchen Nana's Mushroom Bolognaise

Bronze unfortunately product has been withdrawn from the market in the interim between judging and announcements.



### **RICE AND CORN CAKES**

Gold	Lidl	Just Free Corn Cakes
Silver	Nairns	Sour Cream & Onion Oat Pops
Silver	Nairns	Salt & Vinegar Oat Pops
Bronze	Lidl	Just Free Wholegrain Rice Cakes
Merit	Lidl	Just Free Dark Chocolate Rice Cakes
Merit	Lidl	Just Free Yoghurt Rice Cakes

### SAUCES (COOKING)

Gold	Taste of Goodness	Pepper Sauce
Silver	Taste of Goodness	Piri Piri Sauce
Silver	Tesco	FreeFrom Lasagne Sauce
Bronze	Aldi	Bramwell's Curry Sauce
Bronze	Aldi	Specially Selected Tomato & Chilli Sauce



## SAUCES (POUR OVER)

Gold	Taste of Goodness	Barbeque sauce
Silver	Taste of Goodness	Garlic Mayo
Silver	Taste of Goodness	Pepper Sauce
Bronze	Taste of Goodness	Ketchup
Merit	Cali Cali	Frisco Wing Sauce

#### SEASONAL

Gold	Wildberry Bakery	Gluten Free Jewelled Christmas Cake
Silver	Wellness Bakery	Gluten Free Christmas Cake
Bronze	Tesco	FreeFrom Caramel Flavour Choc Egg with Choc Buttons



## **SNACKS (POPCORN & TORTILLAS ETC.)**

Gold	Lidl	Just Free Chorizo Tortilla Chip
Gold	Aldi	Specially Selected Luxury Toffee Popcorn
Silver	Keogh's Crisps	Honey and Sea Salt Wholegrain Popcorn
Bronze	Nairns	Sour Cream and Chive Pop Oats
Merit	Lidl	Just Free Salted Tortilla Chip

#### SOUPS

Gold	Dunnes Stores	Spicy Sweet Potato Soup
Silver	Cully & Sully	A Mighty Mushroom Soup
Bronze	Cully & Sully	Smoked Haddock & Salmon Chowder
Bronze	Aldi	Specially Selected Chicken and Veg Soup
Merit	Tesco	Tomato & Basil Soup
Merit	Dunnes Stores	Mushroom Soup



## SUBSTITUTE PRODUCTS

# **FreeFrom Food Awards Ireland Winners 2020**

Gold	Bandonvale	Lactose Free Cheddar Cheese
Silver	Morelli's	Dairy Free Chocolate Ice-cream
Bronze	Tesco	Raspberry Passionfruit Soya alternative to yogurt
Bronze	Morelli's	Dairy Free Strawberry Ice-cream
Merit	Tesco	Plain Soya Alternative to Yoghurt

### VALUE

Gold	Aldi	Gluten Free Sausages
Gold	Lidl	Gluten Free Sausages
Gold	Dunnes Stores	Gluten Free Sausages
Gold	Aldi	Gluten Free Lemon Slices
Gold	Tesco	FreeFrom Plain Cracker
Gold	Tesco	Gluten Free Fusilli Pasta
Gold	Tesco	Gluten Free Penne Pasta
Gold	SuperValu	Onion & Garlic Pasta Sauce
Gold	SuperValu	Original Pasta Sauce



#### SPECIAL SERVICES TO THE INDUSTRY

Sponsored by Juvela

Presented to **Dr Nicholas Kennedy**, Honorary President of the Coeliac Society of Ireland, who has dedicated his professional life to clinical nutrition, research, education and advocacy and to the betterment of the health of those with coeliac disease and gluten intolerance.



### INNOVATION

Rosie & Jim's Gluten Free Chicken Range Aldi Walls Honest Chips Promise Gluten Free Brioche Clinton's Crisps Range

### SPECIAL JUDGES' AWARDS

Kearney's Gluten Free Scone Clonakilty Veggie Pudding Maria Lucia Bakes Macadamia & Coconut Keto Granola Cali Cali Frisco Wing Sauce



**RETAILER OF THE YEAR** 

Aldi

#### **PRODUCT RANGE OF THE YEAR**

Tesco FreeFrom

## **PRODUCT OF THE YEAR**

Winner: Promise Gluten Free Soft White Loaf

Runner Up: Aldi Walls Honest Chips

